

Lakewinds Deli Hot Bar

# DELI FRESH MEALS

## January 22<sup>nd</sup> – 28<sup>th</sup>

Sunday – Chef's Choice

Monday – Rosemary Garlic Chicken, Creamy Pesto Pasta, Ratatouille

Tuesday – Lemon Caper Cod, Green Beans Almandine

Wednesday - Chef's Choice

Thursday – Sweet and Sour Chicken, Sweet and Sour Tofu, Steamed Rice

Friday – Rosemary Turkey Loaf, Roasted Baby Red Potatoes, Seasonal Vegetables

Saturday – Chicken Chilaquiles, Vegetarian Chilaquiles, Cilantro Lime Rice

## January 29<sup>th</sup> – February 4<sup>th</sup>

Sunday – Chef's Choice

Monday – Vegan Primavera, Baked Spaghetti with Meatballs, Vegetable Medley

Tuesday – Lemon Oregano Chicken, Broccoli Cheddar Mashed potatoes, Agave Glazed Carrots

Wednesday - Chef's Choice

Thursday – Green Curry Chicken, Green Curry Tofu, Potstickers

Friday – Parmesan crusted Tilapia, Sautéed Zucchini, Sweet Potato Fries

Saturday – Enchilada Bake, Vegan Enchilada Bake, Mexican Rice

## February 5<sup>th</sup> – 11<sup>th</sup>

Sunday - Chef's Sunday Brunch

Monday – Vegan Spicy Pasta, Chicken Pesto Pasta, Sautéed Zucchini

Tuesday – BBQ Chicken, Rice Pilaf, Agave Glazed Carrots

Wednesday - Chef's Choice

Thursday – Chicken Stir Fry, Tofu Stir Fry, Curried Mixed Vegetables

Friday – BBQ Meatballs, Roasted Dill Potatoes, Tuna Casserole

Saturday – Beef Tacos, Chicken Tacos, Fajita Vegetables

## February 12<sup>th</sup> – 18<sup>th</sup>

Sunday - Chef's Sunday Brunch

Monday – Chicken Cacciatore, Herb White Rice, Vegan Bolognese

Tuesday – Cheese Tortellini with Vodka Sauce, Chicken Marsala, Seasonal Vegetables

Wednesday - Chef's Choice

Thursday – Sweet & Spicy Chicken, Sweet & Spicy Tofu, Brown Rice

Friday – BBQ Chicken Wings, Sheppard's Pie, Thyme Roasted Beets

Saturday – Tamale Pie, Black Beans Fiesta, Spanish rice

